











# The Garmin 220 Starting at \$250

The perfect Garmin for those who just want to track their time, distance, pace, and calories burned.



# The Garmin 620 Starting at \$400

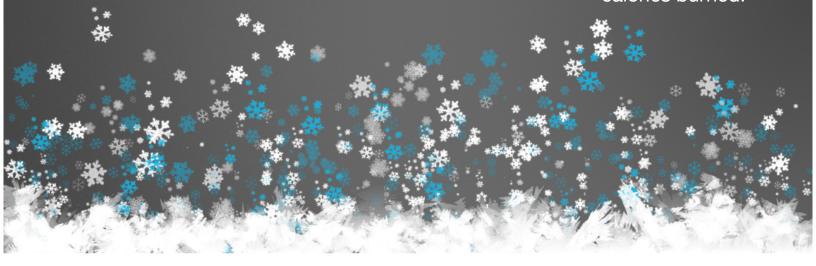
The newest Garmin provides a plethora of valuable data and tracking tools for the life long runner in an easy to use package...complete with a touch screen display!



#### Polar Heartrate Monitor FT4F

\$100

Keep your fitness training simple. It shows when you are improving fitness based on your heart rate, and displays calories burned.



### Gifts for BUT ALWAYS WANT MORE



#### Feetures! Socks Starting at \$11

Your favorite running sock is now your favorite stocking stuffer!



#### Trigger Point Grid Foam Roller

\$40

HARDER

The combination of compression + ice therapy delivers faster recovery between training sessions, improving performance, so the athlete in your life is sure to thank you!

110% Compression + Ice

\$55 - \$75

Whether they're looking to massage lats, quads, lower back, or any other large muscle group, The Grid is certain to suit your runner's needs. Check out the TP Massage Ball, Footballer, and Quadballer, too!



#### Runner's Ornaments \$8

Gifts for all of your running buddies, and maybe one for you too! Lots of designs to choose from!

